

# Emergency Checklists



## Family Contacts

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

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Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

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## Emergency Contacts

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_



## Doctor

Name: \_\_\_\_\_

Hospital: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_



## Veterinarian

Name: \_\_\_\_\_

Hospital: \_\_\_\_\_

Phone: \_\_\_\_\_ Microchip: \_\_\_\_\_

Address: \_\_\_\_\_



## Insurance

Company: \_\_\_\_\_

Account Number: \_\_\_\_\_

Phone: \_\_\_\_\_



## First-aid Checklist

- Absorbent wound dressing (x2)
- Adhesive bandages (x25)
- Antiseptic wipes (x2)
- Emergency blanket
- Instant cold compress
- Hydrocortisone ointment
- 3x3 sterile gauze pads (x5)
- 4x4 sterile gauze pads (x5)
- Oral thermometer
- Adhesive cloth tape (25 yards)
- Antibiotic ointment
- Aspirin
- Breathing barrier
- Non-latex gloves (x2 pairs)
- Gauze roll (3 inches)
- Roller bandage (4 inches wide)
- Tweezers
- Emergency first-aid guide



## Emergency Kit Checklist

- Water (1 gallon per person, per day)
- Non-perishable food
- Cell phone and backup charger
- Battery-powered or hand crank radio
- Flashlight
- First-aid kit
- Batteries
- Whistle
- Personal documents
- Dust mask
- Plastic sheet and duct tape (shelter)
- Personal sanitation (moist towelettes)
- Wrench or pliers
- Can opener
- Local map
- Personal medications
- Pet food and safety supplies

 **Immediate Exit**

- Shoes
- Cell phone
- Emergency kit
- Cash
- Car keys
- Outerwear
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

 **15-30 Min. Exit**

- Shoes
- Cell phone
- Emergency kit
- Cash
- Car keys
- Outerwear
- Personal documents
- Additional chargers
- Additional clothes
- Sleeping bag
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

 **30+ Min. Exit**

- Shoes
- Cell phone
- Emergency kit
- Cash
- Car keys
- Outerwear
- Personal documents
- Additional chargers
- Additional clothes
- Sleeping bag
- Books/entertainment
- Toiletries
- Pillows
- Photo books
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

 **Meeting Place A**

Location: \_\_\_\_\_  
Address: \_\_\_\_\_  
Contact: \_\_\_\_\_

 **Meeting Place B**

Location: \_\_\_\_\_  
Address: \_\_\_\_\_  
Contact: \_\_\_\_\_

 **Meeting Place C**

Location: \_\_\_\_\_  
Address: \_\_\_\_\_  
Contact: \_\_\_\_\_